

SECTION .0500 - BOXING

14B NCAC 10 .0501 WEIGH-INS FOR BOXING

(a) Contestants shall be classified by weight and may fight above or below his or her weight class in accordance with this Paragraph. The maximum amount of weight difference between the two contestants shall be decided by the lower weight class. A contestant shall not be permitted to compete if the difference in weight between the contestants exceeds the difference shown in the following schedule:

Weight class	Weights	Allowances
Flyweight	up to 112 pounds	not more than 3 pounds
Bantamweight	113 to 118 pounds	not more than 3 pounds
Featherweight	119 to 126 pounds	not more than 5 pounds
Junior Lightweight	127 to 130 pounds	not more than 7 pounds
Lightweight	131 pounds to 135 pounds	not more than 7 pounds
Junior Welterweight	136 to 140 pounds	not more than 9 pounds
Welterweight	141 to 147 pounds	not more than 9 pounds
Junior Middleweight	148 to 154 pounds	not more than 11 pounds
Middleweight	155 to 160 pounds	not more than 11 pounds
Light Heavyweight	161 to 175 pounds	not more than 12 pounds
Cruiserweight	176 to 190 pounds	not more than 15 pounds
Heavyweight	over 191 pounds	no limit

(b) Contestants in matches shall be weighed on the same scale at a time and place to be determined by the Division representative, in the presence of the opponent and the Division representative. Once the time and location of weigh-ins has been established, contestants shall be notified by the promoter or his or her designee. All contestants, shall be limited to shirt, shorts, and socks while being weighed in. The weigh-in shall occur 12 hours or less prior to the scheduled starting time of the first match of the program of matches. However, where a program of matches is scheduled to begin in the afternoon, the Division representative, if requested by the promoter, may approve an early weigh-in time of noon or later the day before the day of the program of matches if personnel is available. Substitution of a contestant or contestants shall not be allowed after the weigh-in.

(c) Failure of a contestant to be present at the weigh-in at the time and place designated by the Division representative shall result in the contestant's loss of right to view the weigh-in of his or her opponent.

(d) If the weight of any contestant in a match fails to meet the weight parameters as set forth in Paragraph (a) of this Rule at the time of the official weigh-in, he or she shall have two additional hours to meet the weight parameters provided that

- (1) No contestant that weighs 147 pounds or less may lose more than two pounds in less than 12 hours before a match.
- (2) No contestant weighing more than 147 pounds or less than 190 pounds, may lose more than three pounds in less than 12 hours before a match.
- (3) No contestant weighing more than 190 pounds may lose more than four pounds in less than 12 hours before a match.
- (4) Contestants may not gain weight after the official weigh-ins have begun to make weight parameters during the time of weigh-ins.

(e) At the time of weigh-in, each contestant in a match shall provide to the Division representative for inspection a picture identification issued by a federal, state or local unit of government, or other governmental authority.

*History Note: Authority G.S. 143-652.1;
Temporary Adoption Eff. January 1, 1996;
Eff. April 1, 1996;
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Transferred from 14A NCAC 12 .0501 Eff. June 1, 2013;
Amended Eff. September 1, 2017;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9, 2018.*

